

The Stewardship of Rest

Hebrews 4:4-7

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 <small>New Year's Day Año Nuevo (Mexico)</small>	2	3	4	
6 <small>Día de los Santos Reyes (Mexico)</small>	7	8 <small>New Moon ●</small>	9	10	11	
13	14	15 <small>First Quarter ◐</small>	16	17 <small>Midwinter - New Year (Japan)</small>	18	
20	21	22 <small>Full Moon ○</small>	23	24	25	
27 <small>Reformation Day</small>	28 <small>Martin Luther King, Jr. Day</small>	29 <small>Tu Shrove - (Australia) Backstage New Year</small>	30 <small>Third Quarter ◑</small>	31	1	

Pastor Henry M. Wright
 Community Praise Center
 Sabbath, December 29, 2007

Basic passages of Scripture that affirm the precious nature of the Sabbath.

Genesis 2:1–3

Exodus 20:8

Exodus 31:18

Exodus 32: 16

Exodus 34:1–3

Deuteronomy 10:1–4

John 1:1–3

Luke 4:16

Hebrews 4:4–9

the “**REST**” remains

From the SDA Commentary

“As God’s original purpose for this world—His “rest”—remains unchanged, the seventh day Sabbath, the day of “rest” He established to be a memorial of creation and thus a reminder of His purpose in the creation of the world, likewise remains unchanged.

From the SDA Commentary

The observance of the seventh day Sabbath, thus testifies not only to faith in God as the Creator of all things, but also to faith in His power to transform the life and qualify men and women for entering into the eternal “rest” He originally intended for the inhabitants of the earth.

From the SDA Commentary

The Sabbath thus bears witness both to the creative and to the sanctifying power of God, and its observance is an acknowledgment of faith in His power to create, and to re-create, or sanctify individual lives.”

The 4th Commandment begins
with the words:

“Remember the Sabbath day...”

Catholic Church Itself Teaches:

“Q.– Which is the Sabbath day?

A.– Saturday is the Sabbath day

Q.–Why do we observe Sunday instead of Saturday?

A.–We observe Sunday instead of Saturday because the Catholic Church transferred the solemnity from Saturday to Sunday.”

The Converts Catechism of Catholic Doctrine (1946 ed.), p.50

A Catholic tradition, not a Biblical teaching.

“Qs.–Have you any other way of proving that the [Catholic] church has power to institute festivals of precept?”

A.–Had she not such power, she could not have done that in which all modern religionists agree with her;—she could not have substituted the observance of the Sunday the first day of the week, for the observance of Saturday the seventh day, *a change for which there is no Scriptural authority.*”

On September 9th, 2007, Pope Benedict XVI declared

- “Without Sunday [worship] we cannot live.”
- “Give the soul to Sunday, give Sunday it’s soul.”
- “Warning against the evils of allowing Sunday to become just a part of the weekend, the pope said people need to have a spiritual focus during the first day of the week, or else leisure time will just become wasted time.”

“Sunday worship, he warned, was not just a ‘precept’ to be casually adhered to, but a ‘necessity’ for all people.”
(Trumpet.com)

“The pope has been very vocal about Europe’s Christian–or–Catholic roots and is pushing to have them included in the European Constitution.” (Ibid.)

On November 14, 15 there was a special meeting held at the Pope John Paul Cultural Center. The meeting was given and paid for by the Vatican. There were two speakers; one is a cardinal, and the agenda of that meeting was to point out the state that our world is in, and to bring back Israel to obedience, and to push an amendment to our Constitution for a national day of rest. One of the groups that was invited to this meeting is an organization called SOS (an acronym for "Save our Sundays".)

The most optimum time for the body to rest is when the sun is no longer shining. Ideally a person would rest and sleep when the sun goes down and arise when the sun comes up. This the natural cycle. However, most people's life styles do not allow this. Therefore they are resting and sleeping at non-optimal times.

**EACH WEEK A LUNAR CYCLE OCCURS AT
SUNDOWN EVERY FRIDAY ENDING AT
SUNDOWN EVERY SATURDAY. THIS
PERIOD IS ABSOLUTELY THE MOST
IDEAL TIME FOR THE BODY TO
RECHARGE AND REJUVENATE.” (p. 108)**

“And the Lord said unto Moses,
How long refuse ye to keep my
commandments and laws
See for that the Lord hath
given you the Sabbath...”

Exodus 16:28,29 first part